



Preparing the Family Lenten Prayer Space

Lent is an especially good time to incorporate simple prayer rituals into family life. A prayer space created by the family serves to call the family and individual family members to prayer throughout the forty day Lenten observance.

- ❖ As a family, talk about Lent.
 - What is Lent?
 - What symbols can you find that represent what Lent means to you?

- ❖ Gather one or two of these symbols. Consider the following standard symbols in addition to your own.
 - A cross. Many families have a special cross. Choose one that will be a part of the prayer space.
 - A Bible. Choose a Bible from which you will read during Lent.
 - A purple cloth. Use this to drape or lay on the prayer space.
 - Symbols representing barrenness, such as rocks, cactus, etc.

- ❖ Now choose a place for your prayer space. Many families will decide on the center of the family table or a place close by since this is where the family gathers regularly. A lazy-susan covered with a purple cloth napkin on which you lay the Bible, cross and other symbol(s) works well.